INTRODUCTION TO SANDTRAY THERAPY

This workshop is an introductory class to sand tray work within the play therapy setting. It will cover how to work with both children and adults in sand tray as well as specific methods and techniques. By the end of the training, participants will gain the specific skills and knowledge listed below.

DAY ONE:
Based on the content of this workshop, I am able to:
1. Gain knowledge of the history of sand tray work in play therapy
2. Understand the difference between sand tray and sandplay work
3. Have a basic understanding of materials needed for this work, such as miniatures
4. Understand and develop skills needed to process sand tray with adults
5. List several directives for sand tray work in play therapy provided by the instructor and create others when given case examples from the instructor
6. Work through several case studies of adults and gain an understanding of the process that occurred within the treatment

DAY TWO:
Based on the content of this workshop, I am able to:
1. Have an overview of developmental issues that occur within sand tray work with children and other special populations
2. Gain a basic understanding of non-directive play therapy as how it relates to working with children in the sand tray
3. Understand and experience role play of sand tray work as it often occurs with a child
4. Work through several case studies of children and gain an understanding of the process that occurred within the play therapy treatment
5. Learn the latest brain-informed research behind the power of sand tray in play therapy

Instructor: Amy E. Flaherty, LPE-I, RPT is President of True Hope Counseling, PLLC. She has been practicing play therapy techniques since 2005. Amy became a Registered Play Therapist in 2012. Over the past several years, she has studied with various instructors, such as Theresa Kestly, PhD of the Sand Tray Institute in New Mexico.

Dates: August 19-20, 2015
Location: Southern Sandtray Institute
2605 Southwest Square
Jonesboro, AR 72401
Cost: $350.00
8:30 a.m.-4:00 p.m. each day
Registration begins at 8:00 a.m
13 CEUs (APT Provider #13-342)